

COCKERMOUTH SCDC - ST ANDREWS DANCE - 28th November 2026

(SCDDB my.strathspey.org - List No. 75640)

EH3 7AF (J8x32) 3C (4C set)

Roy Goldring RSCDS Bk 40

- 1- 8 1s lead down the middle & back to top. 2s & 3s step in on bar 8 ready for ...
- 9-16 1s+2s+3s Promenade ending with 1s casting to 2nd place
- 17-24 1s pass by the right & turn 1st corners RH to end L between 2s & M between 3s, 1s pass by the right & turn 2nd corners RH to end between cmrs
- 25-32 1M dances RH across with 2s & 1L with 3s, 1L dances up between 2s & casts to 2nd place own side **as** 1M dances between 3s & casts up

CRAMOND BRIDGE (R8x32) 3C (4C set)

Valerie Farr London Jubilee Bk

- 1- 8 1s cross RH & cast 1 place, cross LH & cast (Lady up, Man down), to meet in middle in prom hold facing 2nd Man
- 9-16 1s dance 1/2 diagonal reel with 1st corners & 1/2 reel with 2nd corners, end in middle facing Ladies' side
- 17-24 1s lead out, cross & cast (Lady up, Man down) to meet in middle; 1s turn 1.1/4 RH in centre to face up (Lady on Man's right) **as** 2s+3s dance 1/2 R&L round them
- 25-32 1s lead up & cast to 2nd place & 2s+1s+3s turn partners RH

DR QUARRIE'S BIRTHDAY (S3x32) 3C set

Elaine Brunken Moments in Time

- 1- 8 1s dance Progressive Fig 8: 1s cross RH **as** 2s set, 1s+2s dance 3/4 double Fig of 8 with 1s casting & 2s crossing up to start
- 9-16 1s set, turn 3/4 RH. 1s dance LH across (1L+2s at top, 1M+3s in 3rd place)
- 17-24 1s set, turn 3/4 RH. 1s dance LH across (1M+2s at top, 1L+3s in 3rd place). 1s finish in 2nd place own side
- 25-32 1s+3s dance "Bourrel":
- 25-28 1M+3L set advancing, 3/4 turn 2H & twirl to end BtoB (Lady facing up & Man down) **while** partners chase anticlockwise to face partner
- 29-32 Set to partners & turn 2H to own sides having changed places

JOAN'S JIG (J4x32) 4C set

Derek Haynes Carnforth Coll 2

- 2 chords - on 2nd chord 2s & 4s cross to opposite sides
- 1- 8 1L+2L **also** 3L+4L set to each other & change places RH, Men repeat. 2 (1) 4 (3)
- 9-16 2s+1s **also** 4s+3s dance RH across, 1s+4s dance LH across **while** end couples chase clockwise to other end of set. 3 (1) 4 (2)
- 17-24 3s+1s **also** 4s+2s dance Men's Chain across dance
- 25-32 All circle 8H round & back

ST ANDREWS' CASTLE (R8x32) 3C (4C set)

Alan Cottle www.minicrib.org.uk/publish.html

- 1- 8 1s set, cast (2s step up 3-4), dance down NHJ between 3s, cast up to 2nd place own sides
- 9-16 1s turn RH to face 1st cnr, turn 1st cnr LH, ptrn RH, 2nd cnr LH to finish 1M between 2s all facing down, 1L between 3s all facing up
- 17-24 All Set+Link; all set, all change places RH with partner
- 25-32 2s+1s+3s circle 6H round and back

THANK YOU PATRICIA (S8x32) 3C (4C set)

Deb Lees RSCDS Book 54

- 1- 4 1s set & Petronella turn (2s step up bar 3-4)
- 5- 8 1s+2s set, on bar 6 1s set right & turn on left to face 2s (1L facing 2M & 1M facing 2L) to finish in line across, 1s turn 2s 2H to finish 1L facing 1st corner with 1M behind her
- 9-12 1s dance 1/2 RSh Alternating Tandem diagonal reel with 1st corners to end 1M followed by 1L facing 3M (Lady's 2nd corner)
- 13-16 1s dance 1/2 RSh Alternating Tandem diagonal reel with 2nd corners to end in the middle facing up NHJ (Lady curving round to the right to finish on Man's right).
- 17-20 1s lead up to top & cast to 2nd place own sides
- 21-24 1s turn RH to face up **while** 2s+3s set & turn RH 1/2 way to face up ready for ...
- 25-32 3s+1s+2s dance Allemande. 2 1 3

THE WESTMINSTER REEL (R8x32) 2C (4C set)

Jeremy Hill RSCDS Bk 45

- 1- 8 1M+2L turn RH, 1L+2M turn RH 1.1/2 times end facing partner ready for diagonal reel of 4
- 9-16 1s+2s dance diagonal reel of 4. All end in original places
- 17-24 1s+2s Set & Rotate : -
- Set (facing diagonally opp dancer), rotate singly & dance on 1 place clockwise, change places RH on sides & dance on 1 place to own sides (1s in 2nd pl)
- 25-32 2s+1s dance R&L

MIDNIGHT OIL (J5x48) 5C set

John Drewry Bankhead Bk 3

- 1- 8 1s & 3s lead down & 3/4 turn RH to L facing down & M up, retaining hold of RH set & L turns under ptrns Rt arm to dance up (Men follow ptrnr)
- 9-16 1s & 3s dance RH across with 2L/4L, 1s & 3s dance LH across with 4M/5M to end facing 1st corners
- 17-24 1s **also** 3s dance Pass+Turn with 1st corners & pass RSh to face 2nd corners, dance Pass+Turn with 2nd corners & into centre facing partner (L facing down M up)
- 25-32 1s+3s dance reel of 4 up & down centre of dance & end in centre holding partners nearer hand (1s face Ladies side & 3s face Men's side)
- 33-40 1s **also** 3s dance out sides & cast, dance in to meet ptrn (1M & 3L pass LSh) to dance out other side & cast back to middle (1M & 3L pass RSh & face each other)
- 41-48 1L **also** 3M set twice **while** 1M+3L turn RH, 1s & 3s turn partner LH & cast down 1 place on own sides. End 2 4 1 5 3

40 YEAR FRIENDSHIP STRATHSPEY (S4x40) Sq.Set

Rona Stevens ASCDS Ruby Bk

- 1- 8 All face partners & dance interlocking reels of 3 around the set.
- Pass partner RSh, next person LSh, next RSh & turn back, pass RSh, LSh & RSh back to place
- 9-12 All Ladies dance RH across
- 13-16 All Men dance RH cross to finish back in place facing corners.
- 17-18 All set
- 19-24 All dance La Baratte with their corners
- 19-20 Man 1/2 turns Lady RH & retains hand but at arm's length from each other
- 21-22 Man retraces steps with Lady turning right under Man's arm briefly into Allemande hold (Man behind Lady facing Ladies original place) & releasing Ladies RH she turns under Mans left arm until almost in original places
- 23-24 Couple change places LH
- 25-28 1s+3s dance 1/2 modified Ladies Chain, Ladies cross LH & turn Man RH, Lady is on Man's left
- 29-32 2s+4s repeat bars 25-28
- 33-36 All Set+Link (Ladies now on Man's right)
- 37-40 All turn partners 2H for 4 bars 4 1 2 3

TAMBOURINE (R8x32) 3C (4C set)**Lawrie Bowlen East Ivanhoe Bk**

- 1- 8 1s lead down the middle & back to 2nd place own side (2s step up 3-4)
 9-16 1s dance 1/2 LSh reels of 3 across, passing 1st corners LSh;
 1s dance 1/2 RSh reels of 3 on opposite sides (Man up, Lady down). 1s end in 2nd place opp sides, all dancing loops into place
 17-24 1s dance 1/2 LSh reels of 3 across (Man up Lady down);
 1s dance 1/2 RSh reels of 3 on own sides (Man down, Lady up). End 2 1 3 4
 25-32 2s+1s+3s circle 6H round & back

INTERVAL**FLIGHT TO MELBOURNE (R4x32) Sq.Set****Shirley Campbell RSCDS Bk 47**

- 1- 8 1M+3L dance Fig of 8 round 2s while 1L+3M dance Fig of 8 round 4s
 9-16 1s in prom hold dance reel of 3 across with 4M+2L (RSh to 4M to start) **while** 3s dance reel of 3 with 2M+4L (RSh to 2M)
 17-24 All Set+Link, 1/2 turn partners RH & all chase clockwise 1 place. 4 1 2 3
 25-32 All circle 8H round & back. 4 1 2 3

MACDONALD OF THE ISLES (S3x32) 3C Set**Derek Haynes Carnforth Coll 2**

- 1- 8 2s dance full diagonal Reels of 4 with 1st corners, passing by the LSh to face 2nd corners
 9-16 2s dance full diagonal Reel of 4 with 2nd corners to end in original places
 17-24 All dance Snowball Grand Chain for 3 cples to end 3 (2) 1:
 `1s cross RH & change places LH on side with 2s
 `1s change places RH with 3s **while** 2s cross over RH
 `1s cross LH **while** 2s & 3s change places LH. 3 (2) 1
 25-32 3s+2s (top 2 couples) dance 1/2 R&L, 3s dance 1/2 Fig of 8 round end couples (3M up & 3L down) to end in 2nd place own side 2 3 1

GENERAL STUART'S REEL (R8x32) 3C (4C set)**C Menzies RSCDS Bk 10**

- 1- 8 1M sets to 2L & casts 1 place, 1L sets to 2M & casts 1 place
 9-16 1s turn 1st corner RH & pass partner RSh, turn 2nd corner LH pass partner RSh to face 1st corners
 17-24 1s dance 'Hello-Goodbye' setting & end BtoB (1M facing up & 1L facing down)
 25-32 1s give RSh to 2nd corner & dance reels of 3 on sides with 2s+3s & cross RH to 2nd place on own sides

JAMES GRAY (J4x32) 4C set**Ronella Burrows RSCDS Bk 42**

- 3s & 4s start on opp sides
 1- 8 1s & 4s cross RH, cast 1 place, 1s dance 1/2 Fig of 8 round 2s **while** 4s dance 1/2 Fig of 8 round 3s
 9-16 1s+4s dance R&L & end 1s facing up & 4s down
 17-24 All dance RSh reel of 4 on sides & end 1s+4s in line across (Men in centre RSh to RSh & 1M LSh to 4L & 4M LSh to 1L)
 25-28 1M+4M 3/4 turn RH **while** Ladies dance anticlockwise 1/4 way round, Men 1/2 turn other partner LH to bring Ladies into centre
 29-32 1L+4L 3/4 turn RH **while** Men dance anticlockwise 1/4 way round, Ladies 3/4 turn Men LH to end 1s in 3rd place opp sides & 4s in 2nd place

THE GENTLEMAN (S8x32) 3C (4C set)**Roz Scott Huxley RSCDS Bk 35**

- 1- 8 1s turn 2H & remain in middle facing each other **as** 2s step up, 1s+2s set (1s advancing & pass LSh to face opposite partner) & dance 1/2 reel of 4 across with 2s with 1s ending reel giving LH to face down on own side between 2s
 9-16 1s dance down to end between 3s & face each other, 1s+3s set (1s advancing & pass LSh to face opposite partner) & 1/2 reel of 4 across with 3s
 1s end giving LH to face up on own side between 3s
 17-24 1s lead up to top, cross over & cast to 2nd place & 1/2 reels of 3 across (L with 2s & M with 3s)
 25-32 2s+1s dance Diamond Poussette

THE WILD GEESE (J8x32) 3C (4C set)**RSCDS Bk 24**

- 1- 8 1s+3s set advancing & Bal-in-Line (Man above Lady), turn partners RH & 1s cast to 3rd place **while** 3s lead up to 1st place
 9-16 3s+1s set advancing & Bal-in-Line (Man above Lady), turn partners RH & 3s cast to 3rd place **while** 1s lead up to 1st place
 17-24 1s lead down & back to 2nd place
 25-32 2s+1s dance R&L

SHIFIN' BOBBINS (R8x32) 3C (4C set)**Roy Clowes Ormskirk 6**

- 1- 8 1s cross RH to double triangle position with 2s+3s & set, 1s cast up to top & dance down until they are between 2s & 3s
 9-16 1L dances RH across with 2M+3M **while** 1M dances LH across with 2L+3L, 1s followed by 2s+3s dance down centre
 17-24 3s followed by 2s+1s dance up & 3s+2s cast down to places, 1L dances LH across with 2M+3M **while** 1M dances RH across with 2L+3L
 25-32 1s dance up to top & cast down to 2nd place opposite side, 1s dance 1/2 Fig of 8 around 2s to end in 2nd place on own sides

TRIPLE HAPPINESS (S3x32) 3C**Yoshiki Oyama RSCDS Bk 52**

- 1- 8 1s Adv+Ret (1 step each) taking RH briefly, 1s 1/2 turn LH, cross down between 2s & cast up to place
 9-16 1s+2s dance the Knot. 1s end facing 1st corners
 17-24 1s dance Corners Pass+Turn with 1st corners, pass RSh, Repeat with 2nd corners & 1s pass RSh into 2nd place own sides (corners turn 2H in centre)
 25-32 All chase clockwise 1/2 round to opp sides, all 1/2 turn 2H, pull back RSh & dance out to own sides 3 1 2

QUARRIES' JIG (J8x32) 3C (4C set)**Kent W Smith RSCDS Bk 36**

- 1- 8 1s set, cast 1 place & dance round 1st corners passing corners LSh
 9-16 1s dance reels of 3 across (1st Man with 2s & 1st Lady with 3s), 1s turn LH to face 1st corners
 17-18 Centre dancers change with 1st corners RH **while** 2nd corners set
 19-20 1st corners (in centre) change places LH **while** new 1st & 2nd corners dance clockwise round to next corner place
 21-24 Repeat the Fig in bars 17-20 from new places
 25-32 Repeat 17-20 from new places, 1s end by turning LH to 2nd place on opposite sides, 2s+1s+3s set on sides & 1s cross back RH

MRS MACPHERSON OF INVERAN (R8x32) 3C (4C set)**John Drewry Bon Accord Bk**

- 1- 8 1s dance Inveran Reels with 2s+3s
 9-16 1s turn RH 1.1/2 times moving down to 2nd place opp sides (2s step up); 1s cast up behind 2s & cross down to 2nd place own side
 17-24 2s+1s+3s dance Grand Chain
 25-32 2s+1s+3s circle 6H round & back