

**COCKERMOUTH SCDC SPRING DANCE, 9TH MAY 2026 - MyStrathspey Dance List no. 69162.**

**THE MACHINE WITHOUT HORSES (J8x32) 3C (4C set) RSCDS Book 12**

- 1- 8 1s set, cast and dance RH across with 3s  
9-16 1s set, cast up and dance LH across with 2s  
17-24 1s followed by 2s dance down, cast up behind 3s, in and dance up to top and 1s cast back to 2nd place  
25-32 2s+1s dance R&L

**ORPINGTON CALEDONIANS (R8x32) 3C (4C set) John Benchley RSCDS Book 49**

- 11- 8 1s set, 1L casts and followed by 1M, dances across to 2M's place facing out (2s step up 5-6). 1L+3M also 1M+3L ½ turn LH, Men face out  
9-16 3s+1s dance Ladies' Chain, 1M finishes facing out  
17-24 1M followed by 1L casts up, dances across to 2M place (3s step down 19-20). 2s+1s dance RH across. 1M and 2L face out  
25-32 2s+1s+3s dance reels of 3 on sides (1s+3s pass LSh to start)

**ORWELL LODGE STRATHSPEY (S3x32) 3C set Ian Brockbank QE Diamond Jubilee Dances**

- 1- 8 1s+2s dance the Knot and 1s end facing 1st corners  
9-16 1s dance ½ diagonal reel with 1st corners and pass RSh to face 2nd corners, 1s dance ½ diagonal reel with 2nd corners and end 2nd place opposite sides  
17-24 All set and corner persons cast clockwise 1 place as 1s petronella turn into middle, repeat bars 17-20 with 1s ending 2nd place own sides  
25-32 All set and turn partners 2H, 1s+3s dance ½ diagonal Poussette. 231

**JOHNNIE'S WELCOME HAME (R8x40) 3C (4C set) Neil M Grant RSCDS Book 32**

- 1- 8 1s+2s+3s set, cross RH, set and cross back RH  
9-20 1s+2s+3s dance 3 couple R&L  
21-24 1s cast 1 place on own side to end in diagonal line (RH with 1st corners and LH to partner)  
25-32 2s+1s+3s dance the Spoke: Balance-in-Line with 1st corners, then with 2nd corners, then with 3rd corners and 4th corners  
33-40 1s dance ½ Fig of 8 round 1st corners LSh to meet in the centre and turn 1½ times LH to 2nd place own sides. 213

**THE HAZEL TREE (J8x32) 3C (4C set) John Drewry Brodie Book**

- 1- 8 1s+2s dance the Espagnole  
9-16 1s turn 1st corners RH, pass RSh, turn 3rd corner LH and pass LSh to face 2nd corner  
17-24 1s turn 2nd corners RH, pass RSh, turn 4th corner LH, 1s pass LSh to face down in middle (opposite sides) left hands joined  
25-32 1s lead down below 3s, cross, cast up to 2nd place own sides, 2s+1s+3s turn RH. 213

**THE GENTLEMAN (S8x32) 3C (4C set) Roz Scott Huxley 1986 RSCDS Book 35**

- 1- 8 1s turn 2H and remain in middle facing each other as 2s step up, 1s+2s set (1s advancing and pass LSh to face opposite partner) and dance ½ reel of 4 across with 2s with 1s ending reel giving LH to face down on own side between 2s  
9-16 1s dance down to end between 3s and face each other, 1s+3s set (1s advancing and pass LSh to face opposite partner) and ½ reel of 4 across with 3s 1s end giving LH to face up on own side between 3s  
17-24 1s lead up to top, cross over and cast to 2nd place and ½ reels of 3 across (L with 2s and M with 3s)  
25-32 2s+1s dance Diamond Poussette. 213

**RAY MILBOURNE (R4x32) 4C set Derek Haynes Carnforth Collection 1 *2s and 4s start on opposite sides***

- 1- 8 1s and 4s cross RH, cast in 1 place and dance ½ Figs of 8 round end couples  
9-16 1s+4s dance ½ R&L, all dance ½ reels of 4 on sides  
17-24 3s+1s also 4s+2s dance Men's Chain  
25-32 All circle 8H round and back

**B.I.B. (J8x32) 3C (4C set) William Williamson Amisfield Dances**

- 1- 8 1s cross down RH (2s step up) to BtoB in centre facing opposite sides and 2s+1s+3s dance 6 bars Double Triangles  
9-16 1s dance out of own side, cast left round 4th corner, dance up/down set and turn LH to face 1st corners while corners Advance diagonally to centre, pull back RSh and chase clockwise ½ round  
17-24 1s dance ½ diagonal reel of 4 with 1st corners (position), pass RSh, dance ½ diagonal reel of 4 with 2nd corners (position). 1s pass RSh to 2nd place own side  
25-32 2s+1s+3s advance and retire, all clap; all turn partner RH (or birl). 213

**THE GARRY STRATHSPEY (S4x32) 4C set James B. Cosh 22 SCDs**

- 1- 8 1s+2s and 3s+4s dance ½ R&L, 1s+4s (in centre) dance ½ R&L  
9-16 2s+4s and 1s+3s circle 4H left ½ way, 2s+3s circle 4H right ½ way, 1s dance up to top and all face as for Reel of 4 on sides  
17-24 All set Highland Schottische and dance ½ Grand Chain  
25-32 All dance reel of 4 on sides. 2341

**BRATACH BANA (R8x32) 3C (4C set) John Drewry Bon Accord Book**

- 1- 8 1s turn RH and cast 1 place (2s step up); 1s dance LSh round 1st corners to 2nd place opposite side facing 2nd corners  
9-16 1s dance ½ RSh reel of 3 on sides and dance ½ LSh reel of 3 across (1M with 3s at top, 1L with the 2s, LSh to 3rd corner position). 1s end in 2nd place own side. (3)1(2)  
17-24 1s turn ¾LH, turn 3rd crnr pstn RH, pass RSh & turn 4th crnr pstn RH ending in prom hold with 4th crnr (pstn)  
25-32 1s+corners promenade diagonally across (passing RSh) to diagonal opposite corner & ½ turn to end 1s in 2nd place opposite side, 1s dance ½ diagonal R&L (M up, L down). 213

**THE BEES OF MAGGIEKNOCKATER (J4x32) 4C set John Drewry Canadian Book**

- 1- 8 1s cross RH, cast 1 place, dance RH across with 3s & end 1M+3L (& 1L+3M) in prom hold facing out to pass corner person RSh
- 9-24 All dance 4x½ Reels of 3 on sides (to right to start, then left, right and left) with 1s+3s changing partners in centre at end of each ½ Reel to progress Men clockwise and Ladies anticlockwise. End in centre 1s facing down and 3s facing up
- 25-32 1s dance between 3s turning 3s with nearer hand 1½ times, cross over to own sides & turn 4th person 1½ times (Men RH and Ladies LH) 2341

**A STRATHSPEY FOR SALLY (S3x40) 3C set Mary Thomas**

- 1-8 1s, followed by 2s & 3s (who dance up) dance down middle & lead back to original places (2s & 3s divide to allow 1s to pass)
- 9-16 1s, 2s & 3s dance 3-couple Allemande 321.
- 17-24 1s dance up to top, cast 2 places, meeting in centre 3rd place nearer hands joined to dance up to 2nd place 312
- 25-32 3s, 1s & 2s dance a Chain Progression, finishing 213
- 33-40 2s, 1s & 3s half turn both hands, cast to partner's place and chase clockwise halfway. 312.

**LINKS WITH ST PETERSBURG (J8x32) 3C (4C set) Malcolm Brown RSCDS Book 46**

- 1- 8 1s+2s set and link ending 2s facing 1s nearer hands joined, 2s and 1s set and link with partners to opposite sides. (2)(1)3
- 9-16 1s followed by 2s dance down (3 bars) & change places with L dancing under M's arm, 2s+1s dance up to 1st and 2nd places
- 17-24 2M+1M turn LH as 2L+1L turn RH, 1M+3M turn RH as 1L+3L turn LH and 1s end facing 1st corners
- 25-32 1s dance 'Hello-Goodbye' setting and petronella turn to 2nd place own sides

**THE SOLWAY REEL (R4x48) 4C set Joseph Killeen Carlisle Anniversary Book**

- 1- 8 1M and 4L cast in 1 place, turn RH 1½ times and cast to each other's place
- 9-16 1L and 4M cast in 1 place and dance into centre, turn LH 1½ times and cast to each other's place
- 17-24 2s and 3s set, dance up/down, cast back to places and dance RH across ½ way
- 25-32 All set, circle 8H round to left ½ way to original places and set
- 33-40 1s+2s ½ R&L, 1s+3s ½ R&L
- 41-48 1s+4s ½ R&L, all set and cross RH. 2341

**SANDS OF MORAR (S8x32) 3C (4C set) Barry Priddey RSCDS Book 45**

- 1- 8 1s dance Fig of 8 round 2s giving hands when possible
- 9-16 1s dance reflection reels of 3 on own sides (1s dance down between 2s to begin)
- 17-24 1s turn 2H and dance down middle to 3rd place as 2s+3s continue reel and dance down behind 1s, all set and 1s followed by 2s+3s cast up to original places
- 25-32 1s+2s dance the Tourbillon

**THE SCOTS BONNET (J8x32) 3C (4C set) RSCDS Book 10**

- 1- 8 1s+2s dance R&L
- 9-16 1s lead down the middle and back
- 17-24 1s cast, cross RH, cast down behind 3s and lead up to Balance-in-Line with 2s (Men face down)
- 25-32 1s+2s Balance-in-Line across, ½ turn opp partners LH to put 2s in centre, Balance-in-Line, 2s dance up to 1st place as 1s cross to 2nd places

**TOAST TO THE MOUSIES (R8X32) 3C (4C set) Sara Gratiot RSCDS book 53**

- 1- 8 1s dance in and cast 1 place (2s step up), dance down between 3s and cast up to 2nd place
- 9-16 2s+1L also 1M+3s dance RH across and 1s pass RSh to dance LH across with other couple, 1s end back to back in the middle (1M facing up, 1L down) facing 2s/3s (2s facing down, 3s up nearer hands joined)
- 17-20 All set, 2s and 3s make arches, dance down/up to meet as 1s dance under arches. Finish 1M in 1st place, 1L in 3rd place (facing down/up) and 2s and 3s back to back in middle nearer hands joined (2s facing up, 3s down).
- 21-24 All set, 2s & 3s making arches dance to ends & cast into reel while 1s dance under arch, pass LSh & finish facing 1st corners
- 25-32 2s+1L also 1M+3s dance LSh reels across (2s+3s make loops into the reel) to end 213. All set

**ST COLUMBA'S STRATHSPEY (S5x32) 5C set Vicky Sproule And Sadie Gillan**

- 1- 8 2s+4s dance RH across, 2s dance up while 4s dance down, 2s and 4s casting round ends on own sides to face 1st corners
- 9-16 2s+4s dance corners pass & turn, passing LSh in middle and finishing in centre facing partner (L facing down M up)
- 17-24 2s+4s dance reel of 4 ending in original places on sides
- 25-32 2s and 4s set and cast down 1 place while 3s and 5s set and dance up 1 place, 1s and 2s turn RH and cast down 1 place. 31524

**BEST SET IN THE HALL (J8x32) 3C (4C set) Helen Greenwood RSCDS Book 46**

- 1- 8 1s set. 1L followed by partner casts below 3s, 1L crosses & casts up to face 1st crnr, 1M dances up the middle to face 1st corner
- 9-12 1s set to 1st corners and dance RSh round each other into 3rd corner (position) while 1st corners dance in and turn right about to face their original position
- 13-16 1s+1st corner person set and 1st corner persons dance RSh round each other into diagonal opposite corners while 1s dance in and pivot to right to face 2nd corner
- 17-24 1s repeat bars 9-16 with 2nd corners and end passing RSh to 2nd place opposite sides. (3)(1)(2)
- 25-32 3s+1s+2s chase clockwise ½ way and turn partners RH

**MRS MACPHERSON OF INVERAN (R8x32) 3C (4C set) John Drewry Bon Accord Book**

- 1- 8 1s dance Inveran Reels with 2s+3s
- 9-16 1s turn RH 1½ times moving down to 2nd place opposite sides (2s step up); 1s cast up behind 2s and cross down to 2nd place own side
- 17-24 2s+1s+3s dance Grand Chain
- 25-32 2s+1s+3s circle 6H round and back